



Jan. 25, 2019

New Direction

State organization highlights benefit to rural hospitals with CRNA Week educational campaign

We're celebrating CRNA Week at Memorial Hospital from Jan. 20-26. Certified Registered Nurse Anesthetists have launched a statewide educational campaign to raise Texans' awareness and understanding of the role CRNAs play in the Texas healthcare system. Like a lot of other rural area hospitals, CRNAs are vital to our mission here at Memorial.

"CRNAs are the primary providers of anesthesia care in rural America," explains James Stockman, Jr., (MSNA, CRNA). "We stay with our patients every step of the way. We're a fierce advocate for every patient's safety. CRNAs are there throughout surgery, every heartbeat and every breath."

Along with being an elected member of the Nacogdoches County Hospital District board and a CRNA in our own Memorial Hospital, James also serves on the state board for the Texas Association of Nurse Anesthetists (TxANA).

Here are some ways CRNAs make a difference every day:

Safety First: CRNAs are highly trained anesthesia professionals who safely administer more than 45 million anesthetics to patients each year in the United States, according to the American Association of Nurse Anesthetists (AANA) 2017 Practice Profile Survey.

Rural America: CRNAs are the primary providers of anesthesia care in rural America, enabling healthcare facilities in these medically under-served areas to offer obstetrical, surgical, pain management and trauma stabilization services. In some states, CRNAs are the sole providers in nearly 100 percent of rural hospitals.

Military Presence: Nurse Anesthetists have been the main providers of anesthesia care to U.S. military personnel on the front lines since WWI. Nurses first provided anesthesia to wounded soldiers during the Civil War.

Practice Settings: CRNAs practice in every setting in which anesthesia is delivered: traditional hospital surgical suites and obstetrical delivery rooms; critical access hospitals; ambulatory surgical centers; the offices of dentists, podiatrists, ophthalmologists, plastic surgeons and pain management specialists; and more.

Cost-Efficiency: Managed care plans recognize CRNAs for providing high-quality anesthesia care with reduced expense to patients and insurance companies. The cost-efficiency of CRNAs helps control escalating healthcare costs.



Nacogdoches County Hospital District board meetings now live on YouTube

Nacogdoches County Hospital District board meetings are now being streamed live on the Nacogdoches Memorial Hospital YouTube channel (nacmemorial). All the meetings since November are on the YouTube channel and can be accessed at any time. You can also link to the live feed or the archived videos from our hospital board page on the Memorial website or by clicking on www.nacmem.org/board-meetings.

Interested in a career at NMH?

Apply @ <https://www.nacmem.org/careers/all/>
Stop by Human Resources or call 936.568.8543

Coffee Spot, gift shop offering treats for Valentine's Day

The Coffee Spot will sell gift baskets for Valentine's. Choose from candy, soda or coffee bouquets ranging from \$15 - \$30. Stop by Coffee Spot for info.

The Auxiliary Gift Shop will again be selling roses and spring bouquets for your convenience. No crowds or long check out lines! Stop by the gift shop to place your order for flowers, which will range in price from \$12.99 to \$49.99.



Foundation golf tournament will benefit cardiac rehab

Cardiac rehab manager Charlotte Montes was overjoyed to learn that her department would be the lucky recipient of funds raised at the upcoming Nacogdoches Memorial Foundation golf tournament.

Foundation director Katy Crawford was pleased to break the news to the cardiac rehab staff and patients this past week. Mark your calendar for May 3, 2019 for the tournament, which will once again be held at the Piney Woods Country Club.

Anyone interested in volunteering or sponsoring should contact Katy at ext. 4194 or email her at crawfork@nacmem.org.



The East Texas Blood Center donated patient teddy bears during the holidays, but we can use bears all year long!

Healthy cooking class participants had a "Souper" good time making soup

Employees who attended the Healthy Memorial cooking class this week had a "souper" time with the subject of soup. Vanessa Hooper, nutrition services director, taught the crew some handy tips for making soup in a jar for easy lunchtime transport and also fed the group a delicious lasagna soup and chicken taco soup. Attendees got to prepare their own soup jar to take home and received a free cookbook full of soup recipes.

