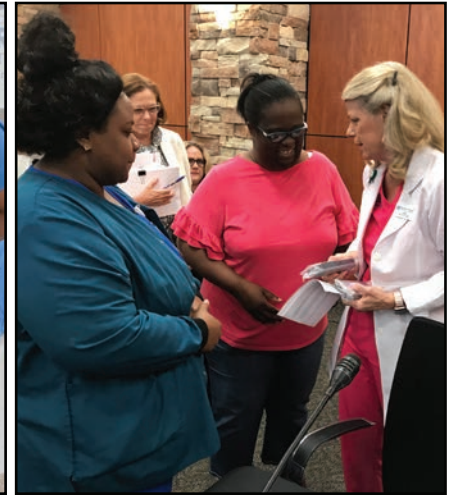


New Direction

Hospital board recognizes job well done

The Nacogdoches County Hospital District board recognized two Memorial employees at their May meeting, calling out Yolanda Meneffee and Dominique Burkes for their outstanding care of a patient and the patient's family. The two nurse aides exemplified what it means to be caring providers by doing all they could to assist their patient, who was worried about being a bother to staff. According to their supervisor, Yolanda and Dominique put the patient at ease and provided excellent compassionate care, while maintaining the patient's dignity. The two were presented with plaques by board member Lisa King during the regular meeting.



Director completes Leadership Nac program

Jackie Laird, emergency services director, recently completed Leadership Nacogdoches, a nine-month training program where participants learn about the driving forces and services in their community while developing personal strengths and valuable leadership skills. For Jackie, this was "a positive impactful experience that I will forever be grateful to have had."

Each leadership class picks an impact project to end their training and Jackie's class chose to raise funds to build pavilions for the new children's splash pad being built this summer in Maroney Park.



Alberta Bryan goes out of her way to help, earning April WOW



In our April WOW Moment, Alberta Bryan, ultrasound technologist, noticed a distraught patient sitting in the medical imaging waiting room. The patient had attempted to make it to the rest room but had had an accident and was extremely upset. Alberta decided to take immediate action to help her patient and proceeded to take the patient to the back to help her clean up before the ultrasound. After completing the procedure, Alberta had cleaned the patient not once but twice. The patient expressed her gratitude by nominating Alberta for a Wow Moment, stating that "most people would not have done that."

Alberta earned this WOW Moment and our collective respect by being a caring, passionate worker who never hesitates to go the extra mile.

Interested in a career at NMH?

Apply @ <https://www.nacmem.org/careers/all/>
Stop by Human Resources or call 936.568.8543

Payday Friday meets Food Truck Friday!

Join us in Blount Park every payday Friday this summer, where we'll be featuring the delicious offerings of different local food trucks from 11 a.m. to 2 p.m. (or until they sell out). Two trucks will be in the park on most Food Truck Fridays and plans are in place to make ordering faster, so come on out. Some days we'll even have snow cones!

Last week, we featured Say Cheese and Shali's Indian Kitchen. On June 28, Say Cheese will be back, along with 2 Hoog - Jojo's Meat on a Stick.



Chaplain addresses questions in weekly Bible study

Join fellow Memorial team members and Chaplain Richard Harris on Wednesday evenings from 5-5:45 p.m. in the Auxiliary Conference Center for team building weekly Bible study. The casual interactive sessions are designed to help staff learn how the Word of God applies to our daily lives and to healthcare by discussing life concerns and supporting one another.

"Taking great care of our community starts with taking good care of our fellow team members," said Chaplain Harris.



Staffer speaks to her alma mater

Certified Family Nurse Practitioner Missy Fitzgerald delivered the commencement speech at Mount Enterprise High School's 2019 graduation ceremony recently. Missy's speech focused on her perspective of work life as a master's graduate in her late 40s. She talked about how life will throw many obstacles at the graduates and how perseverance can help achieve all goals. She spoke to the class about how to learn from their hardships and how the nursing profession has impacted her life.



Auxiliary Luxury Linen Sale this week!

Monday, June 17	4 - 8 p.m. sneak preview
Tuesday, June 18	7 a.m. - 5:30 p.m.
Wednesday, June 19	7 a.m. - 1 p.m.

Sheet sets Bamboo Pillows Blankets Quilt sets More!

Lindsey Toner now registered as cardiovascular specialist

Cath lab staff specialist Lindsey Toner recently earned her Registered Cardiovascular Invasive Specialist (RCIS) credential, which is the only unifying standard certification that tests the knowledge and skills needed in cath lab procedures. Credential holders operate cath lab equipment, monitor patients and serve as the scrub assistant. Lindsey studied x-ray operations at Angelina College and has been with the Memorial cardiac cath lab for three years.

Lindsey believes that every patient should be treated as if they were family. "If I were sick, I would not want to be treated any other way." We couldn't agree more!



Cardiac rehab's new SilverSneakers program provides great option for seniors

Our cardiac rehab department is now hosting SilverSneakers at Memorial, providing individuals over the age of 65 a time and place to work out with each other. SilverSneakers is an innovative fitness program offered through participating health insurance plans giving participants access to 13,000 gyms nationwide, plus social events, signature classes and workout plans - all completely free! It aims to reduce healthcare costs due to the physical and mental effects that come with aging. The program is free with most retired Medicare supplemental policies. More than 91 percent of members share that the program has improved their quality of life, 90 percent feel healthier overall and 94 percent say their health is good, very good or excellent.

Get up and get moving at these times:

- **Monday, Wednesday and Friday 5:00 a.m. - 5:00 p.m.**
- **Tuesday and Thursday 5:00 a.m. - 11:00 a.m.**



Toll-free Compliance & Ethics Hotline

1.800.427.7240