



## COVID-19

### NICU Visitation

#### Policy:

1. The NICU is closed to visitors during shift change from **6am-8am and 6pm-8pm**, NICU grand rounds on **Tuesday from 10am-11am**, and at any other time deemed necessary per the NICU staff.
2. Only parents are permitted to visit baby in NICU.
3. No one who is a Person Under Investigation for Covid-19, is Positive for Covid-19 or is showing any symptoms of Covid-19 will be allowed in NICU, regardless of relation to infant. This is to protect all babies and the staff who care for them.
4. You will be provided a password unique to your baby for use in visiting and for by phone baby checks.
5. Parents should be prepared to present a valid ID on the first visit to NICU. Copies will be placed on the baby's chart.
6. Parents may call the NICU at any time to ask about their infant at **936-568-8414 or 8414** if dialing directly from the phone in your hospital room. You must identify yourself and state your password to obtain updates on the condition of your baby.
7. Mother is requested to stay in the hospital until baby is discharged to go home. Both parents are encouraged to stay. You will only be allowed to visit your NICU baby once per day if you choose to leave the hospital before your baby is discharged home. You must pass symptom screening upon re-entry to the hospital and NICU. Every time you are out of the hospital you are taking a risk of becoming infected. It is very important to limit the chance of spreading any illness to any baby.
8. Once you are discharged you will be placed in "hotel stay" status until baby is ready to go home. You will no longer be provided medications, medical supplies or meals during this time. There is no room charge. Meals are available through the cafeteria for \$5.00 per breakfast and \$7.00 per lunch or dinner meal. You may have food delivered to the hospital. You will need to pick it up at either the front or Emergency Room entrances depending on the day or time of day.
9. Parents should be aware of car seat needs. Make sure your car seat is not expired and is appropriate for the size and weight of your infant. If your baby is less than 5 pounds, a 4 pound car seat will be required. Your car seat may be used in the NICU to perform a Car Seat Tolerance Test before

your baby can be discharged. Your baby must pass this challenge to be safely discharged home.

**Rules When Visiting:**

1. Remove all jewelry and wash hands and arms up to elbows.
2. If you have an infection, fever, cough, sore throat, vomiting, diarrhea, rash, or flu like symptoms you will not be allowed to visit.
3. Cell phones must be wiped down with wipes provided in the NICU. Cell phones may only be used to take pictures. Texting, phone calls, social media, and playing games are not allowed at bedside. Please use provided hand sanitizer after handling cell phones during visit as studies have shown cell phones harbor bacteria that may make your baby sick.
4. Please **do not** bring personal items or food/drink into the NICU.
5. Please **do not** touch or visit other infants in NICU.
6. Please follow the instructions provided by NICU staff regarding handling/touching your infant.



I understand and agree to the above NICU Visitation policy and rules:

**Mother:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Father :** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Nurse Signature:** \_\_\_\_\_ **Date/Time:** \_\_\_\_\_

**Password:** \_\_\_\_\_